

South Gloucestershire **Community Learning**



Free courses for adults

September 2015 – July 2016

Learn part-time in your local area

 #sgclearn  www.facebook.com/sglosCouncil

What we offer

Free, part-time courses in:

- Health and Wellbeing
- Childcare and Parenting
- Computing and Digital Skills
- Job Seeking and Office Skills
- Volunteering
- Family Learning
- English, Maths and ESOL (English for Speakers of Other Languages)

Where we work

We work throughout South Gloucestershire, particularly:

- Cadbury Heath area
- Filton area
- Kingswood and surrounds
- Patchway and the Stokes
- Staple Hill and surrounds
- Yate

See our venues listing on pages 18 and 19.



Term dates 2015-16

- 1 September – 21 October 2015
- 2 November – 18 December 2015
- 4 January – 5 February 2016
- 15 February – 24 March 2016
- 11 April – 27 May 2016
- 6 June – 22 July 2016

Are you eligible?

Free courses are open to people aged 19+ with qualifications below Level 2 who have been resident in the UK for at least three years, OR who are:

- EU citizens
- From an EEA member country
- Refugees or asylum seekers

Some others are also eligible. Contact us for further advice.

Contact us

Phone: [01454 864613](tel:01454864613) or email: community.learning@southglos.gov.uk
Visit the website at:
[www.southglos.gov.uk/
communitylearning](http://www.southglos.gov.uk/communitylearning)

Acknowledgement:

Many of the photographs in this year's guide were taken by our former apprentice, Billy East. Others were contributed by our partner organisations. Thanks to all.



Enrolment events

Join us at your local library to find out more, get advice and enrol on any course. To enrol, please bring some ID (e.g. passport) and your National Insurance number. We may ask you to complete a quiz that will help your tutor to help you.

Bradley Stoke Library

Tuesday 8 September, 10am-12

Cadbury Heath Library

Friday 4 September, 10am-12

Filton Library

Thursday 3 September, 5-7pm
Monday 7 September, 10am-12

Kingswood Library

Monday 7 September, 10am-12
Wednesday 9 September, 5-7pm

Patchway Library

Tuesday 8 September, 5-7pm
Wednesday 9th September, 10am-12

Staple Hill Library

Thursday 10 September, 10am-12
Tuesday 8 September, 5-7pm

Yate Library

Monday 7 September, 5-7pm
Thursday 10 September, 10am-12

Welcome to Community Learning!



"I would like to go to college for Hairdressing. I have to prove my English is Level 1 with a certificate. I've added to my vocabulary and my speaking and writing are better, so I am more confident."

Rostika

"I'd encourage anyone to do a Community Learning course – it's another way of meeting nice people who are on the same level as you."

Hugh

"I have learned and had fun at the same time. There were lots of exercises and games in groups."

Vincente

"The classes are very flexible and cater for all levels of ability. I have improved all of my basic skills."

Stephen



"Every session was very interesting and well prepared. The teachers are very friendly and competent. It's fantastic in all aspects!"

Iwona

"Classes are very friendly and I'm getting a great deal of useful information, knowledge and advice. Don't be afraid to sign up!"

Sylwia

What learners say about our FREE courses



"The teacher takes the time to explain something so that everyone understands. Go for it! It builds your confidence and enables you to do things you thought were beyond you."

Karen

"I wanted to learn and do more for myself and my children by helping them with their homework. The teachers are amazing. I am always learning new things and moving up at every lesson."

Esther

"The relaxed environment in class makes it easier to learn. I now feel more confident."

Cornelia

"Once you have made it through the door, it's a lot of fun. I love the way we are taught. It puts you at ease and the tutor includes everyone."

Ruth

"These courses have been life-changing. I'm happier, healthier and more integrated in my community. I'm more able to support my son at school. I've progressed to a GCSE course at the local college."

Reena

"You'll be surprised how welcome you are in the group. Everyone is concentrating on the tasks but at the same time everyone is kind with others."

Susana

Course listings

These are only some of the courses we will be running. More courses are organised throughout the year, in response to local need.

Venue addresses, including postcodes, are listed on pages 18 and 19.

English

These courses help you to get back into learning, whatever your starting point. Improve your speaking, listening, communication, reading and writing skills.

Improve Your English: Cadbury Heath Library, Tues 9.30–11.30am,
Starts 22 Sept, runs until 1 Dec (10 weeks)

Improve Your English: Filton Library, Weds 9.30–11.30am,
Starts 23 Sept, runs until 2 Dec (10 weeks)

Improve Your English: Kingswood Civic Centre, Thurs 9.30–11.30am,
Starts 24 Sept, runs until 3 Dec (10 weeks)

Introduction to Creative Writing: Kingswood Civic Centre, Tues 1–3pm,
Starts 22 Sept, runs until 1 Dec (10 weeks)

Improve Your English: Patchway Library, Weds 6.30–8.30pm,
Starts 23 Sept, runs until 2 Dec (10 weeks)

Improve Your English: Patchway Library, Thurs 12.45–2.45pm,
Starts 17 Sept, runs until 3 Dec (10 weeks)

Improve Your English: Mangotsfield School, Thurs 6.30–8.30pm,
Starts 17 Sept, runs until 3 Dec (10 weeks)

Improve Your English: Staple Hill Library, Thurs 1–3pm,
Starts 17 Sept, runs until 3 Dec (10 weeks)

Introduction to Creative Writing: Staple Hill Library, Weds 9.30–11.30am,
Starts 16 Sept, runs until 2 Dec (10 weeks)

Improve Your English: Yate Library, Weds 9.30–11.30am,
Starts 23 Sept, runs until 2 Dec (10 weeks)

ESOL (English for Speakers of Other Languages)

ESOL for Community Life: Filton Library, Tues 6.30–8.30pm,
Starts 6 Oct, runs until 15 Dec (10 weeks)

ESOL for Everyday Life: Kingswood Civic Centre, Tues 9.30–11.30am,
Starts 22 Sept, runs until 1 Dec (10 weeks)

ESOL for Everyday Life: Kingswood Children's Centre, Weds 6.30–8.30pm,
Starts 23 Sept, runs until 9 Dec (10 weeks)

ESOL for Life in the UK: Patchway Children's Centre, Thurs 9.30–11.30am,
Starts 24 Sept, runs until 10 Dec (10 weeks)

ESOL for the Workplace: Patchway Library, Patchway, Mon 6–8pm,
Starts 28 Sept, runs until 7 Dec (10 weeks)

ESOL for Effective Communication: Bradley Stoke Library, Weds 9.30–11.30am, **Starts 30 Sept**, runs until 9 Dec (10 weeks)

ESOL for Schools and Families: Wheatfield Primary School, Bradley Stoke, Fri 1–3pm, **Starts 25 Sept**, runs until 11 Dec (10 weeks)

Health & Wellbeing

Stress and Relaxation: The Batch, Cadbury Heath, Thurs 10am–1pm,
Starts 24 Sept, runs until 15 Oct (4 weeks)

Confidence and Wellbeing: The Batch, Cadbury Heath, Thurs 10am–1pm,
Starts 5 Nov, runs until 3 Dec (5 weeks)

Confidence and Wellbeing: FACE, Filton, Tues 9.30–11.30am,
Starts 3 Nov, runs until 8 Dec (6 weeks)

Creative Writing for Wellbeing and Self-expression: FACE, Filton, Tues 9.30–11.30am, **Starts 12 Jan 2016**, runs until 8 Mar (8 weeks)

Family Matters: Bradley Stoke Library, Weds 6–8pm,
Starts 30 Sept, runs until 11 Nov (6 weeks) This course promotes self-esteem and positive communication between yourself and your children and offers ways to resolve conflict.

Maths

These courses help you to get back into learning, whatever your starting point. If you haven't learned Maths since school – join the club!

Improve Your Maths: Cadbury Heath Library, Tues 1–3pm,
Starts 22 Sept, runs until 1 Dec (10 weeks)

Improve Your Maths: Kingswood Civic Centre, Tues 9.30–11.30am,
Starts 22 Sept, runs until 1 Dec (10 weeks)

Improve Your Maths: Patchway Children's Centre, Mon 1–3pm,
Starts 21 Sept, runs until 30 Nov (10 weeks)

Improve Your Maths: Coniston Community Centre, Patchway, Tues 6.30–8.30pm, **Starts 22 Sept**, runs until 1 Dec (10 weeks)

Improve Your Maths: Mangotsfield Secondary School, Thurs 6.30–8.30pm,
Starts 17 Sept, runs until 3 Dec (10 weeks)

Improve Your Maths: Staple Hill Library, Thurs 10am–12,
Starts 17 Sept, runs until 3 Dec (10 weeks)

Improve Your Maths: Yate Library, Mon, 7–9pm,
Starts 21 Sept, runs until 30 Nov (10 weeks)

Into Work and Volunteering

Introduction to Customer Service: The Batch, Cadbury Heath, Thurs 10am–1pm, **Starts 14 Jan 2016**, runs until 10 Mar (8 weeks)

Introduction to Office Skills: Cadbury Heath Library, Weds 6.30–8.30pm,
Starts 23 Sept, runs until 1 Dec (10 weeks)

Introduction to Volunteering: Filton Community Centre, Weds 1–3pm,
Starts 30 Sept, runs until 11 Nov (6 weeks)

Introduction to Working with Children: Filton Library, Weds 12.30–2.30pm,
Starts 7 Oct, runs until 2 Dec (8 weeks)

Introduction to Office Skills: Filton Library, Weds 10.15am–12.15pm,
Starts 4 Nov, runs until 9 Dec (6 weeks)

Introduction to Volunteering: Kingswood Civic Centre, Fri 10am–12,
Starts 2 Oct, runs until 20 Nov (6 weeks)

Job-seeking and Interview Skills: Patchway Library, Mon 12.45–2.45pm,
Starts 5 Oct, runs until 16 Nov (6 weeks)

IT (Computing & Digital Skills)

IT for Beginners: Cadbury Heath Library, Weds 1–3pm,
Starts 13 Jan 2016, runs until 23 Mar (10 weeks)

IT for Work: Cadbury Heath Library, Weds 1–3pm,
Starts 23 Sept, runs until 2 Dec (10 weeks)

IT for Work: Cadbury Heath Library, Weds 6.30–8.30pm,
Starts 13 Jan 2016, runs until 23 Mar (10 weeks)

IT for Work: FACE, Filton, Mon 12.30–2.30pm,
Starts 28 Sept, runs until 7 Dec (10 weeks)

Introduction to Excel: FACE, Filton, Mon 12.30–2.30pm,
Starts 18 Jan 2016, runs until 29 Feb (6 weeks)

Words and Images: Filton Library, Weds 12.30–2.30pm,
Starts 30 Sept, runs until 11 Nov (6 weeks) Take and edit pictures, then use them in Word documents and Powerpoint presentations.

IT for Beginners: Patchway Library, Mon 9.30–11.30am,
Starts 28 Sept, runs until 7 Dec (10 weeks)

IT Skills for Life: Patchway Library, Mon 9.30–11.30am,
Starts 18 Jan 2016, runs until 14 Mar (8 weeks)

IT for Work: Staple Hill Library, Weds 9.30–11.30am,
Starts 16 Sept, runs until 25 Nov (10 weeks)



Visit the website of your child's school, see newsletters or contact us to join the mailing list and get updates.

Family learning

Family Learning takes place in Children's Centres and primary schools. Courses help parents gain the skills and knowledge they need to support their children's learning. Parents can also go on to improve their own skills and gain qualifications.

Courses include:

- Keeping up with the Kids
- Cooking for Families
- Learning through Stories and Rhymes
- Learning through Play
- Maths through Lego
- Nature into Art
- Story Sacks
- Getting ready for School
- Writing for a Purpose
- Mental Maths
- Creative Writing
- World War One
- Powerpoint for Families

Our community partners

We work with community organisations to provide more learning opportunities:

Community Ignite



We promote volunteering by individuals and groups. We support families with courses in Cooking and Parenting Skills. Our weekly Job-seeking and IT club is well-established and backed up by Employability courses. We help local groups to develop and offer training in IT, Mentoring and Managing Volunteers.

Phone:

0117 960 4186

or email:

info@communityignite.org.uk

Visit the website at:

www.communityignite.org.uk

Foundation for Active Community Engagement (FACE)



We run activities for people of all ages and abilities, including those with learning difficulties and autistic spectrum disorders. We offer courses, clubs, trips, workshops, events and facilities. FACE is based at Elm Park, Filton.

Phone:

0117 969 1938

or email:

debbie@facefilton.org.uk

Visit the website at:

www.facefilton.org.uk

Mencap



Mencap Employment delivers Getting Ready for Work courses for adults with learning difficulties and people with qualifications below Level 2 who are seeking jobs. Learners will use an action plan to prepare a CV. They will practise various job search methods and interview skills.

Phone:

0117 965 5623

or email:

Bethan.butcher@mencap.org.uk

Visit the website at:

www.avonnorthmencap.org.uk

Orchard Workshop



Our Arts and Crafts courses include Stained Glass, Jewellery and Silversmithing, Woodwork, Enamelling, Sewing and Dressmaking. Courses take place in the daytime, in the evening and at weekends. Join us at our Open Day and Enrolment Event on Sat 12 Sept, 10am–3pm. We are based at the Kingswood Estate.

Phone:

0117 9670799

or email:

orchardworkshop@btinternet.com

Visit the website at:

www.orchardworkshop.co.uk

Need a qualification in English or Maths?

The Improve Your English and Improve Your Maths courses (listed on pages 6 and 8) lead on to exam classes that start in January. Your tutor will help you take the certificate that's right for you.

Park Centre



Park Centre in Kingswood helps people to improve their computing and work-related skills. Courses include: IT for Beginners, Internet and Email, Introduction to Excel, Using Word for Work, Brush-up on Email, Powerpoint for Parents. Job seekers may be particularly interested in Confidence Booster, Interview Success and Career Booster courses.

Phone:

01454 862193

or email:

enquiries@theparkcentrekingswood.co.uk

Visit the website at:

www.theparkcentrekingswood.co.uk

Southern Brooks Community Partnership



We offer a range of courses to anyone interested in developing their skills. Our courses include Parenting Skills, Community Development, Youth Work, Food Hygiene and other work-related subjects. Some courses offer qualifications. We work with other voluntary sector organisations and businesses. We are based at Coniston Community Centre, Patchway.

Phone:

01454 868570

or email:

lauracolman@southernbrooks.org.uk

Visit the website at:

www.southernbrooks.org.uk

Second Step

Second Step provides Peer Support training for people who have personal experience of living with mental health problems and would like to use that to support others. The course includes an exploration of your own recovery as well as covering the theory and practice of peer work.



Phone:

0117 909 6630

or email:

admin@second-step.co.uk

Visit the website at:

www.second-step.co.uk



Learners and their families at our last celebration event

Additional support

Learners with disabilities or health conditions can join any of our courses, with or without a support worker.

Courses for adults with learning difficulties

Our partners offer supportive courses for adults with learning difficulties (see pages 11-13). These are not recreational but focus instead on raising confidence, improving study skills and developing work-related and job-seeking skills.

Courses for people in recovery from mental health or addiction problems

We are working with colleagues to provide supportive courses for adults in recovery. These learners are eligible for free courses even if they have previously achieved educational qualifications above Level 2 / GCSE.

They can call the number below and speak to a Development Worker in confidence about their learning needs.

Use your local library for learning

Libraries provide a wide range of resources to help you develop your knowledge and skills. It's not just books – our website gives access to an online catalogue of over 2 million items!

There's free use of computers and free wi-fi available at every branch. If you want help getting started, volunteers will show you how. They can also provide one-to-one support to improve your digital skills. Your children are welcome to join the library at any age and we have lots of activities and books for them.

Phone:

01454 866900

or email:

AskTheLibrary@southglos.gov.uk

Visit the website at:

www.southglos.gov.uk/libraries

We are promoting

www.LearnMyWay.com

– a website that offers lots of free, bite-size modules to use alongside your course.





Our Learner of the Year 2014, Jason Gardner

Free advice and guidance

When your Community Learning course is coming to an end, your tutor will outline some options for what to do next. These include:

- Further courses with us
- College courses
- University access courses
- Volunteering and work experience
- Employment

More about us

South Gloucestershire Community Learning works within a consortium, Community Learning West, with our partners Bristol City Council and North Somerset Council. Together we run a rigorous quality assurance programme and create continuing professional development opportunities for all our tutors. We are funded by the Skills Funding Agency.



Learner involvement

We are developing opportunities for learners to get involved in Community Learning:

- Take part in a focus group to discuss your learning
- Help us improve our service by attending an evaluation meeting
- Contribute to plans for our Learner Conference
- Become a volunteer and support other learners in class
- Help at our learner celebration event

These activities may help you gain additional skills and experience that can help when it comes to getting a job or taking on a new role in your local community. If you are interested, just contact us and we'll add your details to the Learner Involvement email list.

Your feedback

We always welcome learner feedback.

Phone:

01454 864613

or email:

community.learning@southglos.gov.uk

The Community Learning awards



Community learning venues 2015-16

We use lots of local venues - those featured in the course listings are shown below **in bold**:

Cadbury Heath area

The Batch Community Centre, Park Rd, Cadbury Heath BS30 8EB

Cadbury Heath Children's Centre, Earlstone Crescent, Cadbury Heath BS30 8AA

Cadbury Heath Library, School Rd, Cadbury Heath BS30 8EN

Filton area

Charborough Road Primary School, Filton BS34 7RA

FACE (St Andrew's Methodist Church Youth Centre), Elm Park, Filton BS34 7PS

Filton Children's Centre, Conygre Rd, Filton BS34 7DF

Filton Community Centre, Elm Park, Filton BS34 7PS

Filton Hill Primary School, Blenheim Drive, Filton BS34 7AX

Filton Library, Shield Retail Park, Filton BS34 7BR

Horfield JobCentre Plus, 1-15 Monks Park Ave, Horfield BS7 0UD

Kingswood and surrounds

Beacon Rise Primary School, Hanham Rd, Kingswood BS15 8NU

Courtney Primary School, Courtney Rd, Kingswood BS15 9RD

Kings Forest Primary School, Station Rd, Kingswood BS15 4PQ

Kingsmeadow Community Flat, 19 Barrington Close, Kingswood BS15 4QD

Kingswood Children's Centre, Hollow Rd, Kingswood BS15 9TP

Kingswood Civic Centre, High St, Kingswood BS15 9TR

Kingswood Library, High St, Kingswood BS15 4AR

Orchard Workshop, Britannia Rd, Kingswood BS15 8DB

Park Centre, High St, Kingswood BS15 4AR

Samuel White's Infant School, Abbots Ave, Hanham BS15 3PN

St Barnabas CE Primary School, Poplar Close, North Common, Warmley BS30 5NW

St Stephen's Infant School, Lansdown Rd, Kingswood BS15 1XD

Warmley Community Centre, 20 Deanery Rd, Warmley BS15 9JB

Patchway and the Stokes

Bailey's Court Activity Centre, Baileys Court Rd, Bradley Stoke BS32 8BH

Bradley Stoke Library, Fiddlers Wood Lane, Bradley Stoke BS32 9BS

Callicroft Primary School, Rodway Rd, Patchway BS34 5EG

Charles England House, 232 Rodway Rd, Patchway BS34 5EE

Coniston Community Centre, The Parade, Coniston Rd, Patchway BS34 5LP

Jubilee Centre, Savages Wood Rd, Bradley Stoke BS32 8HL

Little Stoke Primary School, Little Stoke Lane, Little Stoke BS34 6HY

Patchway Children's Centre, Epney Close, Patchway BS34 5LN

Patchway Library, Patchway Hub, Rodway Rd, Patchway BS34 5PE

St Mary's Catholic Primary School, Webbs Wood Rd, Bradley Stoke BS32 8EJ

Wheatfield Primary School, Wheatfield Drive, Bradley Stoke BS32 9DB

Staple Hill and surrounds

Christchurch CE Junior School, Pendennis Rd, Downend BS16 5JJ

Downend Library, Buckingham Gardens, Downend BS16 5TW

Mangotsfield School, Rodway Hill, Mangotsfield BS16 9LH

Stanbridge Primary School, Stanbridge Rd, Downend BS15 6AL

Staple Hill Children's Centre, Staple Hill School, Page Rd BS16 4NE

Staple Hill Library, Beaufort Rd, Staple Hill BS16 5LS

Staple Hill Methodist Church, 131 High St, Staple Hill BS16 5HQ

Staple Hill Primary School, Page Rd, Staple Hill BS16 4NE

The Tynings Primary School, Eastleigh Close, Staple Hill BS16 4SG

Yate

Armadillo Centre, Station Rd, Yate BS37 4FW

Yate Children's Centre, Cranleigh Court Rd, Yate BS37 5DW

Yate Heritage Centre, Church Rd, Yate BS37 5BG

Yate International Academy, Sundridge Park, Yate BS37 4DX

Yate Library, Unit 44, West Walk, Yate Shopping Centre BS37 4AX

South Gloucestershire **Community Learning**



Time4Reading

Take part in South Gloucestershire's year-long celebration of reading.

Reading is essential to everyday life. It gives us new ideas, helps us understand the world and deal with our health and relationships. It brings the generations together, especially when family members and guardians read with children.


Events and activities include special storytimes at your local library and author events for all ages, special

book promotions and ideas to help you get into reading, so you can be sure there is something for everyone.

Look out for updates on Facebook and Twitter.

 #sgclearn  www.facebook.com/sglocouncil

If you need this information in another format or language please contact 01454 868009

SGCCREATIVEDESIGN • Printed on recycled paper  10997 | 05 | 15